

PRISON BREAK

Choreographed by: Rachael McEnaney (Nov 07)

Music: **Jailhouse Rock** by **The Blues Brothers**

Descriptions: 64 count - 4 wall line dance - Beginner/Intermediate level

Count In: 32 counts from start of track.

- 1 – 16** **Heel strut rock step, heel strut rock step, Cross hold, back side cross, hold, rock step with 1/4 turn**
- 1 - 4 Touch right heel forward (1), drop right toe to floor taking weight (2), rock left to left side (3), recover weight to right (4) [\[12.00\]](#)
- 5 - 8 Touch left heel forward (5), drop left toe to floor taking weight (6), rock right to right side (7), recover weight to left (8) [\[12.00\]](#)
- 1 - 4 Cross right over left (1), hold (2), step back on left (3), step right to right side (4), [\[12.00\]](#)
- 5 - 8 Cross left over right (5), hold (6), rock right to right side (7) recover weight to left making ¼ left (8) [\[9.00\]](#)
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- 17 – 32** **½ Pivot turn, 2 runs, step touch, step touch, step touch, rock forward, run back.**
- 1 - 4 Step forward on right (1), hold (2), step forward on left (3), pivot ½ turn right (4) [\[3.00\]](#)
- 5 - 8 Step forward on left (5), hold (6), step forward on right (7), step forward on left (8) [\[3.00\]](#)
- 1 - 4 Step forward on right (1), touch left next to right (2), step forward on left (3), touch right next to left (4) [\[3.00\]](#)
- 5 - 8 Rock forward on right (5), recover weight onto left (6), step back on right (7), step back on left (8) [\[3.00\]](#)
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- 32 – 48** **Big step back, hold, back rock, 2 toe struts, lindy rock step kick step, rock step kick step**
- 1 - 4 Take big step back on right (1), hold (2), rock back on left (3), recover weight onto right (4) [\[3.00\]](#)
- 5 - 8 Touch left toe forward (5), drop left heel to floor taking weight (6), touch right toe forward (7), drop right heel to floor (8) [\[3.00\]](#)
- 1 - 2 Rock back on left foot (angle body to right diagonal) (1), recover weight onto right (2) [\[4.30\]](#)
- 3 - 4 Kick left to right diagonal (3) step in place and slightly forward with left (4) [\[4.30\]](#)
- 5 - 6 Rock back on right foot (angle body to left diagonal) (5), recover weight on left making ¼ turn left (face front) (6) [\[1.30\]](#)
- 7 - 8 Kick right foot forward (7), step in place with right (8) [\[12.00\]](#)
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- 49 – 64** **Diagonal step touch, touch out in, diagonal step touch, touch out in, kick behind side cross x2 (2nd with ¼)**
- 1 - 4 Step left to left diagonal (1), touch right next to left (2), touch right to right side (3), touch right next to left (4) [\[12.00\]](#)
- 5 - 8 Step right to right diagonal (5), touch left next to right (6), touch left to left side (7), step left next to right (8) [\[12.00\]](#)
- 1 - 4 Kick right to right diagonal (1), cross right behind left (2), step left to left side (3), cross right over left (4) [\[12.00\]](#)
- 5 - 8 Kick left to left diagonal (5), cross left behind right (6), make ¼ turn right stepping forward right (7), step forward left (8) [\[3.00\]](#)

START AGAIN, HAVE FUN!