

# Messed Up In Memphis

**Choreographed by:** Dee Musk (UK) May 2010

**Description :** 64 counts, 4 wall, Intermediate

**Choreographed to:** 'Messed Up In Memphis' by Darryl Worley (160 bpm)

## **1-Side, touch x 3, side, touch x 3**

1 – 2 Step left to left side. Touch right beside left.

3 – 4 Touch right to right side. Touch right beside left.

5 – 6 Step right to right side. Touch left beside right.

7 – 8 Touch left to left side. Touch left beside right.

## **2-Scissor Cross, Hold, Rock 1/4 turn, step, Hold**

1 – 4 Step left to left side. Close right beside left. Cross left over right. Hold.

5 – 6 Rock right to right side. Recover onto left making 1/4 turn left.

7 – 8 Step right forward. Hold. (9:00)

## **3-Triple Full turn, Hold, step, touch, step, Kick**

1 – 4 Triple step full turn right (travelling forward) stepping - left, right, left. Hold.

**option** Replace full turn with forward triple stepping - left, right, left. Hold.

5 – 8 Step right forward. Touch left toe behind right. Step left back. Kick right forward

## **4-Back lock step, Hold, Rocking Chair**

1 – 4 Step right back. Lock left across right. Step right back. Hold.

5 – 8 Rock back on left. Recover onto right. Rock forward on left. Recover onto right.

**Restart Wall 4** (*facing 12:00*): *At this point start dance again from the beginning*

## **5-Scissor Cross, Hold, side, Behind, 1/4 turn, Hold**

1 – 4 Step left to left side. Close right beside left. Cross left over right. Hold.

5 – 6 Step right to right side. Cross left behind right.

7 – 8 Make 1/4 turn right stepping right forward. Hold. (12:00)

## **6-Step, Pivot 1/2, step, Hold, 1/2 turn, touch, 1/2 turn, Brush**

1 – 4 Step left forward. Pivot 1/2 turn right. Step left forward. Hold.

5 – 6 Make 1/2 turn left stepping back on right. Touch left toe beside right.

7 – 8 Make 1/2 turn left stepping left forward. Brush right forward. (6:00)

## **7-Forward mambo, Hold, sailor 1/4 turn, Hold**

1 – 4 Rock forward on right. Rock back on left. Step right back. Hold.

5 – 7 Turn 1/4 left crossing left behind right. Step right to right side. Step left forward.

8 Hold. (3:00)

## **8-Step, 1/2 turn, step, Hold, 1/2 turn, touch, 1/2 turn, Brush**

1 – 4 Step right forward. Pivot 1/2 turn left. Step right forward. Hold.

5 – 6 Make 1/2 turn right stepping left back. Touch right toe beside left.

7 – 8 Make 1/2 turn right stepping right forward. Brush left forward. (9:00)

**Restart:** There is one Restart, during Wall 4, at the end of Section 4